

Belfast Boys Model

WEEK ONE

Week Beginning
 31 Aug, 28 Sep,
 26 Oct, 23 Nov,
 21 Dec, 25 Jan,
 22 Feb, 22 Mar,
 19 April, 17 May,
 14 June

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup & Crusty Roll	Potato & Leek Soup & Crusy Roll	Carrot & Lentil Soup & Crusty Roll	Spicy Tomato Soup & Crusty Roll	Roasted Red Pepper Soup & Crusty Roll
FOTW – Route 66- Bacon Cheeseburger	FOTW – Tex-Mex Chicken, Chilli & Lime Quesadilla	FOTW- Feast From The East – Salt & Chilli Chicken Bites	FOTW – The Sub Hub- Pepperoni Pizza Sub	“FOTW- Global Street Eat – Croque-Monsieur
Oven Baked Fish Goujons/Lemon wedge & Lemon Mayo	Italian Bolognese with & Garlic Bread	Chicken Curry with Boiled Rice & Naan Bread	Roast of Day with Herb Onion Stuffing & Rich Gravy	Panko Cod Ciabatta, wild rocket & Garlic
Chicken Pasta Bake & Salad	Peppered Chicken Stack, Mash & Crisy Onions	Beef & Vegetable Noodles	Chicken & Vegetable Pie	Oven Baked Chicken Goujons & Dip
Chips/Baked Potato	Mashed Potato/Pasta	Rice/Chips/Cubes	Roast & Mashed Potato	Chips/ Baby Potatoes
Peas/Beans/Sauce	Corn on the Cob	Garden Peas/Fresh Salad	Seasonal Vegetables	Corn On The Cob Baked Beans/sauce
Panini Selection Pizza Slice Flavored Chicken Wings	Panini Selection Chilli Beef Nacho Bowl Loaded Baked Potato	Panini Selection Loaded Baked Potato Spicy Chicken Wraps	Panini Selection Salamon Linguine Loaded Wedges, Bacon & Cheese	Panini Selection Quiche & Salad Flavored Chicken Wraps
Flake meal Biscuit	Rice Krispie Square	Shortbread Biscuit	Chocolate Sponge Cake	Chocolate Chip Cookie
Full Salad Bar Available Daily	Full Salad Bar Available Daily	Full Salad Bar Available Daily	Full Salad Bar Available Daily	Full Salad Bar Available Daily

SNACK ITEMS



Why not try something from our range of healthy snack items?

GRAB & GO SALAD BAR



We serve a selection of Grab & Go items such as sandwiches, wraps, panini, salads, burgers & soups.

SWEET TREATS



Fancy something sweet... we have lots of options.

FLAVOURS OF THE WORLD



Check Out Our Daily Flavours Of The World Dish!

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup & Crusty Roll FOTW – Route 66- Fire crunch Chicken Burger Fish Goujons, Lemon Wedge & Tartar Sauce Oven Baked Pasta Bake & Salad Chips/Baked Potato Peas/Bean/Sauce Panini Selection Hotdog/Sausages Toastie Selection Shortbread Biscuit Full Salad Bar Available Daily	Potato & Leek Soup & Crusy Roll FOTW – Tex-Mex-Burrito Bowl, Rice & Tortilla Chips Homemade Beef Lasagna & Garlic Bread Crispy Teriyaki Chicken & Rice Rice/Garlic Baby Potatoes Coleslaw/Salad Panini Selection Chicken Nachos Loaded Baked Potato Chocolate Cookie Full Salad Bar Available Daily	Carrot & Lentil Soup & Crusty Roll FOTW- Feast From The East- Thai Red Curry & Rice Oven Baked Salted Chilli Chicken Chicken Curry with Boiled Rice & Naan Bread Rice/Chips/Cubes Green Beans/Peas Panini Selection Spicy Rice Bowl Ciabatta Tuna Melt Fifteens Full Salad Bar Available Daily	Roasted Red Pepper Soup & Crusty Roll FOTW – The Sub Hub- Louisiana Creole Chicken Sub Roast of Day with Herb Onion Stuffing & Rich Gravy Savoury Pie Roast & Mashed Potato Seasonal Vegetables Panini Selection Loaded Potato, Bacon & Sweet Chilli Sauce Beef Nacho Bowls Lemon Sponge Full Salad Bar Available Daily	Tomato Soup & Crusy Roll FOTW – Global Street Eat- Hot & Spicy Calzone Chicken Spice Bag & Sauce Oven Baked Chicken Goujons & Dip Chips/Baked Potato Beans/Sauce Panini Selection Beef Burger Chicken Wraps Flake meal biscuit Full Salad Bar Available Daily

SNACK ITEMS



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WEEK THREE
Week Beginning
 14 Sep, 12 Oct,
 9 Nov, 7 Dec,
 11 Jan, 8 Feb,
 8 Mar, 5 Apr,
 3 May, 31 May,
 28 June

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup & Crusty Roll FOTW- Route 66- Smokey Bacon Mac & Cheese Bowl Fish Goujons, Lemon Wedge & Tartar Sauce Oven Baked Sausages Mash Potato/Chips Peas/Carrots/ Sauce Panini Selection Hotdog Spicy Chicken Wraps Chocolate Brownie Full Salad Bar Available Daily	Potato & Leek Soup & Crusty Roll FOTW – Tex-Mex- Chicken Enchilada Spicy Beef Bolognese & Garlic Bread Tandoori Chicken Flatbreads Pasta/Rice Corn on the Cob/Coleslaw Panini Selection Loaded Baked Potato Croque – Monsieur German Biscuit Full Salad Bar Available Daily	Carrot & Lentil Soup & Crusty Roll FOTW- Feast from the East- Honey Chilli Chicken Chicken Curry with Boiled Rice & Naan Bread Pulled Pork Burrito Rice/Chips/Cubes Broccoli/Carrots/C Panini Selection Veggie Noodles Pizza Slice Rice Krispie Mallow Cake Full Salad Bar Available Daily	Roasted Red Pepper Soup & Crusty Roll FOTW – The Sub Hub- Philly Cheesesteak Roast of Day with Herb Onion Stuffing & Rich Gravy Chicken Pie Roast & Mashed Potato Seasonal Vegetables Panini Selection Spicy Chicken wings Loaded Sweet Potato Bake Cake & Custard Full Salad Bar Available Daily	Tomato Soup & Crusty Roll FOTW- Global Street Eat- Vietnamese Chicken Banh Mi Cajon Chicken Pasta Bake Chicken Goujons Chips/Baby Potatoes Beans/Sweetcorn/ Sauce Panini Selection Fish Finger Ciabatta, Rocket & Garlic Mayo Beef Burger Chocolate Cookie Full Salad Bar Available Daily

SNACK ITEMS



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WEEK FOUR
Week Beginning
 21 Sept, 19 Oct,
 16 Nov, 14 Dec,
 18 Jan, 15 Feb,
 15 Mar, 12 Apr,
 10 May, 7 June

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Soup & Crusty Roll FOTW- Route 66- Wings...Your Way! Fish Goujons, Lemon Wedge & Tartar Sauce Bang Bang Chicken Rice/Chips Peas/Salad/Sauce Panini Selection Flavored Pizza Loaded Nachos Fifteens Full Salad Bar Available Daily	Potato & Leek Soup & Crusty Roll FOTW- Tex-Mex- Chilli Beef Nachos Homemade Beef Lasagna & Garlic Bread Oven Baked Sausages Baby Boiled/Baked Wedges Coleslaw/Salad Panini Selection Spicy Chicken Bowl Hotdogs Chocolate Brownie Full Salad Bar Available Daily	Carrot & Lentil Soup & Crusty Roll FTW- Feast From The East- General Tso's Chicken Chicken Curry with Boiled Rice & Naan Bread Shredded Chicken Noodles Rice/Chips/Cubes Peas/Salad Panini Selection Loaded Baked Potato Chicken Pizza Slice Flavored Cookie Full Salad Bar Available Daily	Roasted Red Pepper Soup & Crusty Roll FOTW- The Sub Hub- Chicken, Mozzarella & Pesto Melt Roast of Day with Herb Onion Stuffing & Rich Gravy Savoury Pie Roast & Mashed Potato Seasonal Vegetables Panini Selection Fish Goujon Ciabatta Beef Burger Jam & Coconut Sponge Full Salad Bar Available Daily	Tomato Soup & Crusy Roll FOTW – Global Street Eat- Gyro- Great Greek Street Eats! Tomato Meatballs, Pasta & Garlic Bread Chicken Burgers & Salad Chips/Baked Potato Beans/Salad/Sauce Panini Selection Chicken Nachos Loaded Baked Potato Flake meal Biscuit Full Salad Bar Available Daily

SNACK ITEMS



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