Belfast Boys' Model School

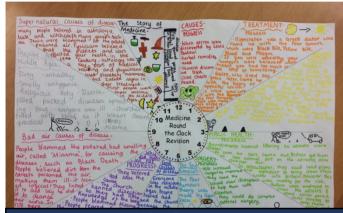


School Exams Feb 2024

Preparing For Success



Revision



Revision Clocks – Test your knowledge of a subject by timing yourself when writing down what you know.

Flashcards —
Keep them
simple.
Include images
to help retrieval.
Repeat answers
on the card
verbally.



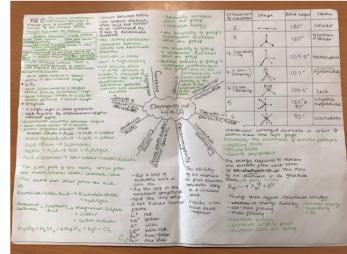




The BBMS
Revision
Resources for
Teachers and
Pupils

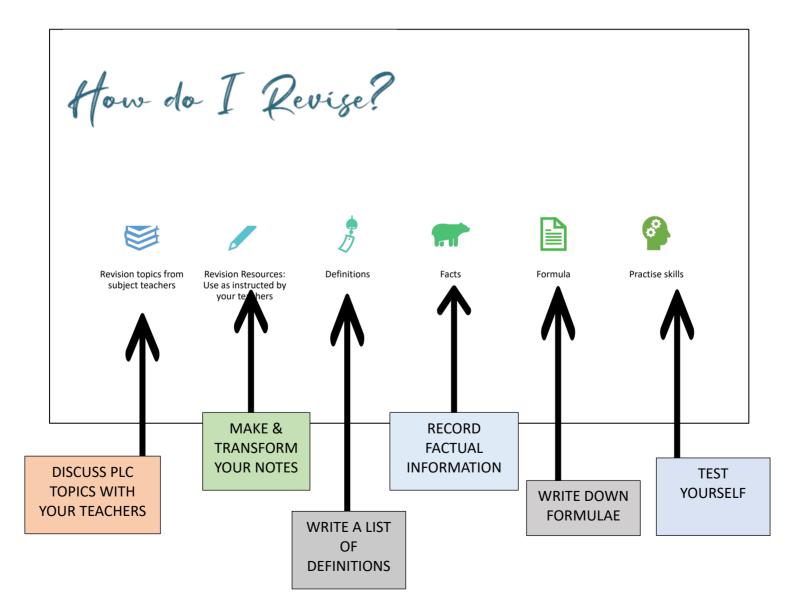
Revision Clocks, Mind Maps, Chunk Its and other revision resources can be found in your year 'Team' in the **Learning to Learn** channel by opening the file called **'BBMS Revision Resources for Teachers and Pupils'.** They are in PowerPoint format and can be printed out or simply copy the format of the resource onto a blank page before beginning your study.





Mind Maps — Create 'branches' from a main topic/ensure you use detail.







A PLC

Every subject in Belfast Boys' Model School has created a PLC for their students to help them know where they are in their learning journey and where they need to develop.

Subject Year Group/Course **BBMS Learning Checklist** Knowledge Revision Your son will make a note Secure Insecure None Revised Tested Content of what he has revised and tested Teachers will make a list of everything your son Your son will make a note Your son will make a note needs to know in order to of how he feels he is able for himself to know what be successful in his to recall information he has revised and tested assessments related to the topics listed by the teacher



Everyone is different. Find a revision style that works for you.

Speak to your teachers about which **Retrieval Practice** resources are best to use in each subject

Know which topics you need to revise. Make sure you have your PLC for each subject.

Complete a revision timetable.

Find a place where it is quiet to study – in your house or stay after school.

Complete some past papers. This will allow you to se how the exam papers look and the way the exam questions are written. It will also give you an opportunity to practise how to answer the questions.

Keep your energy levels up. Have snacks handy (healthy snacks are best). Stay hydrated.

Don't stay up late. Get a good night's sleep.

Treat yourself to regular breaks after periods of study. Build in some timeout. Look after your mental health.

LOOKING AFTER YOUR HEALTH AND WELLBEING



Keep talking with your family, friends, teachers or someone else you trust.



Exercise! It's a great distraction and it keeps you fit and healthy. Win-win!



Get some fresh air. Have a quick walk or a slow stroll, and come back feeling fresh



Give social media a break! It can be a negative distraction and cause you to



Try to unwind with some music or a good book. Distract your mind with positive



Getting rest is really important. Avoid late nights, and get a good night's sleep.



TOP TIPS TO HELP YOUR SON REVISE EFFECTIVELY AT HOME



Help your son plan and create a revision timetable







A quiet place to study at home with no distractions



Be available where possible and talk to him about his revisiontopics/ strategies/ timetable



Help and encourage him with retrieval practice

- Flash Card Test
- Knowledge Organisers
- Mind-mapping



Check your son has all the necessary stationery and highlighters





encourage a 'technology break' so he can focus on revision







Exercise, fresh air and healthy foods will help memory retention and energy levels Help give him



Top Tips

For Parents



There are some important exam room guidelines you need to know, to help you prepare for your exam and make sure you follow all the rules.



No watches, including smart watches, can be taken into the exam hall.

Leave all electronic devices at home or turned off in your school bag. As well as smart watches, these include:



smart tablets

mobile phones

iPods

MP3/4 players or similar devices

wireless earphones

Ensure all labels are removed from water bottles before you enter the examination room.



If the exam is about to start and you remember that you have accidentally brought a mobile phone or electronic device into the exam hall, tell the invigilator immediately.

No one wants to accidentally break the rules and end up being disqualified from a qualification. It's important you know and understand what the rules are.



Revision Timetable Template

Date Time	Monday //	Tuesday //	Wednesday //	Thursday //	Friday //		Saturday //	Sunday //
9am-4pm	School	School	School	School	School	10-11am		
4-5pm						11am-12pm		
5-6pm						12-1pm		Lunch & Exercise/Social media
			Dinner & Exercise/Social		Dinner & Exercise/Socia		modia	modia
6-7pm 7-8pm	media	media	media	media	I media	1-2pm 2-3pm		Free time
8-9pm						3-4pm		Free time
9-10pm						4-5pm		Free time
10-11pm	Free time	Free time	Free time	Free time	Free time	5-6pm		Free time

